

JANUARY 2022 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00-6:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	7:00am-6:45pm LAP SWIM
	9:00-9:45am AquaFit1 Peggy	9:00-9:45am Splashburner Karen	9:00-9:45am AquaFit1 Peggy	9:00-9:45am Splashburner Karen	9:00-9:45am AquaFit1 Karen	
						8:30-12:00pm Swim Lessons
	10:00-10:45am AquaFit2 Julie	10:00-10:45am Aqua Yoga Karen	10:00-10:45am AquaFit2 Julie	10:00-10:45am Aqua Yoga Karen	10:00-10:45am Aqua Barre Sheree (7,21) Julie (14,28)	
				11:00am-4:30pm Family Swim		
		11:00-11:45am Deep Water Julie	11:00-11:45am Gentle AquaFit Peggy		11:00-11:45am Gentle AquaFit Carol	12:00-6:45pm Family Swim
1:00-6:45pm Family Swim	11:00am-5:00pm Family Swim	12:00-4:30pm Family Swim	12:00-5:00pm Family Swim		12:00-6:00pm Family Swim	
	3:30-4:30pm Afterschool Swimming	3:30-4:30pm Afterschool Swimming		3:30-4:30pm Afterschool Swimming	5:00-6:00pm Teen Swim	
	5:00-6:00pm Swim Clinic Will resume January 17	4:30-7:00pm Swim Lessons	5:00-6:00pm Swim Clinic Will resume January 17	4:30-7:00pm Swim Lessons	6:00-6:45pm Splashburner Karen	
	6:00-6:45pm Splashburner Jenn					
	7:00-8:45pm Family Swim	7:00-8:45pm Family Swim	6:00-8:45pm Family Swim	7:00-8:45pm Family Swim	7:00-8:45pm Family Swim	
<p>Only one lap lane will be available during Swim Clinic. There will be now family swim during Swim Clinic.</p> <p>During Winter Break the Afterschool Swimming hours may vary, please watch for signs in the pool area</p> <p>Private Swim Lessons may be scheduled during any operational hours</p> <p>The Y will be closed on Saturday, January 1, 2022.</p> <p>*We are currently hiring for Lifeguards and Swim Instructors*</p> <p>**If interested please email Beth Valentine your resume at beth@saymca.org**</p>						