

# SEPTEMBER 2022 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1:00-6:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	7:00am-6:45pm <b>LAP SWIM</b>	
	9:00-9:55am <b>AquaFit1</b> Peggy <b>No Class (5)</b>	9:00-9:55am <b>Splashburner</b> Karen	9:00-9:55am <b>AquaFit1</b> Peggy	9:00-9:55am <b>Splashburner</b> Karen	9:00-9:55am <b>AquaFit1</b> Karen	9:00-12:00pm <b>Swim Lessons</b> <b>(Will Resume Sept 10)</b>	
	10:00-10:55am <b>AquaFit2</b> Julie <b>No Class (5)</b>	10:00-10:55am <b>Aqua Yoga</b> Karen	10:00-10:55am <b>AquaFit2</b> Peggy	10:00-10:55am <b>Aqua Yoga</b> Karen	10:00-10:55am <b>Aqua Barre</b> Julie		
		11:00am-4:15pm <b>Family Swim</b>		11:00am-4:15pm <b>Family Swim</b>			
	11:15am-12:00 <b>Gentle Aquafit</b> Peggy <b>No Class (5)</b>		11:15am-12:00 <b>Gentle Aquafit</b> Peggy		11:15am-12:00 <b>Gentle Aquafit</b> Carol		
1:00-6:45pm <b>Family Swim</b>						12:00-6:45pm <b>Family Swim</b>	
	12:00am-4:45pm <b>Family Swim</b>		12:00-4:45pm <b>Family Swim</b>		12:00-5:45pm <b>Family Swim</b>		
	3:30-4:30pm <b>Afterschool Swimming</b>	4:30-7:00pm <b>Swim Lessons</b> <b>(Will Resume Sept 6)</b>	3:30-4:30pm <b>Afterschool Swimming</b>	4:30-7:00pm <b>Swim Lessons</b> <b>(Will Resume Sept 6)</b>	3:30-4:30pm <b>Afterschool Swimming</b>		
	5:00-6:00pm <b>Swim Clinic</b> <b>(Will Resume Sept 12)</b>		5:00-6:00pm <b>Swim Clinic</b> <b>(Will Resume Sept 12)</b>				
	6:00-6:55pm <b>Splashburner</b> Jenn Karen (19) <b>No Class (5)</b>				6:00-6:55pm <b>Splashburner</b> Karen		
	7:00-8:45pm <b>Family Swim</b>	7:00-8:45pm <b>Family Swim</b>	6:00-8:45pm <b>Family Swim</b>	7:00-8:45pm <b>Family Swim</b>	7:00-8:45pm <b>Family Swim</b>		
	The Staunton-Augusta YMCA will be closed on Monday, September 5, 2022 in observance of the Labor Day Holiday  There is NO Family Swim during Swim Clinic (beginning September 12)  Private Swim Lessons may be scheduled during any operational hours  *We are currently hiring for Lifeguards and Swim Instructors* **If interested please email Beth Valentine your resume at <a href="mailto:beth@saymca.org">beth@saymca.org</a> **						