

# TENNIS LESSON GUIDE

JANUARY 2023

STAUNTON-AUGUSTA FAMILY YMCA



**For more information  
about the program,  
contact Chris Stambaugh  
at 252-396-1691  
or email  
clstambaugh@marybaldwin.edu**

## EARLY HITTERS

Will teach the basics of tennis for ages 5-8. Must pre-register at the front desk.

### Session Dates and Times:

Tuesdays, 5:00 - 6:00 PM  
January 3 - 24

### OR

Thursdays, 5:00 - 6:00 PM  
January 5 - 26

### Fees:

\$60 Members per session  
\$75 Non-members per session

## PRE-TEEN TENNIS

Will teach your pre-teen(s) (ages 9-13) intermediate tennis skills. Must pre-register at the front desk.

### Session Dates and Times:

Wednesdays, 5:00 - 6:00 PM  
January 4 - 25

### Fees:

\$60 Members per session  
\$75 Non-members per session

## HIGH SCHOOL TENNIS

This will get your high schooler (ages 14-19) prepared for high school tennis. Must pre-register at the front desk.

### Session Dates and Times:

Wednesdays, 6:00 - 7:30 PM  
January 4 - 25

### Fees:

\$70 Members per session  
\$85 Non-members per session

## WOMEN'S INTERMEDIATE

For adult women (18+) wanting drills and competition in singles and doubles.

### Session Dates and Times:

Thursdays, 10:30 AM - 12:00 PM  
January 5 - 26

### Fees:

\$80 Members per session  
\$95 Non-members per session

## Private Lessons

1 HR: \$49 Members  
\$64 Non-members

30 Min: \$25 Members  
\$40 Non-members

## Semi-Private

### Lessons

Per person  
\$35 Members  
\$50 Non-Members  
\*If siblings, second person receives 10% off

## PLAY THE PRO:

1 HR: \$40  
30 MIN: \$20

Available to members only.

Test your skills and Play the Pro! Hitting sessions with Chris Stambaugh

## RACKET AND STRINGING REPAIR:

General re-string and re-grip starts at \$25 per racket. If interested, contact Chris at 252-396-1691 or [clstambaugh@marybaldwin.edu](mailto:clstambaugh@marybaldwin.edu)



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