

FEBRUARY 2023 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1:00-6:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	7:00am-6:45pm LAP SWIM	
	9:00-9:55am AquaFit1 Peggy	9:00-9:55am Aqua Yoga Karen	9:00-9:55am AquaFit1 Peggy	9:00-9:55am Aqua Yoga Karen	9:00-9:55am AquaFit1 Canceled for February	9:00-1:00pm Swim Lessons	
	10:00-10:55am AquaFit2 Julie	10:00-10:55am Splashburner Karen	10:00-10:55am AquaFit2 Peggy	10:00-10:55am Splashburner Karen	10:00-10:55am Aqua Barre Julie		
	11:15am-12:00 Gentle Aquafit Peggy	11:00-11:55am Aqua Yoga Karen	11:15am-12:00 Gentle AquaFit Carol	11:00-11:55am Aqua Yoga Karen	11:15am-12:00 Gentle AquaFit Carol	1:00-6:45pm Family Swim	
1:00-6:45pm Family Swim							
	12:00am-4:45pm Family Swim	12:00am-4:15pm Family Swim	12:00-4:45pm Family Swim	12:00am-4:15pm Family Swim	12:00-5:45pm Family Swim		
	3:30-4:30pm Afterschool Swimming	4:30-7:00pm Swim Lessons	3:30-4:30pm Afterschool Swimming	4:30-7:00pm Swim Lessons	3:30-4:30pm Afterschool Swimming		
	5:00-6:00pm Swim Clinic		5:00-6:00pm Swim Clinic				
	6:05-7:00pm Splashburner Karen				6:05-7:00 Splashburner Jenn		
	7:00-8:45pm Family Swim	7:00-8:45pm Family Swim	6:00-8:45pm Family Swim	7:00-8:45pm Family Swim	7:00-8:45pm Family Swim		
	<p>Please note the time change for the Monday and Friday evening Splashburner Classes!</p> <p>There is NO Family Swim during Swim Clinic</p> <p>Private Swim Lessons may be scheduled during any operational hours</p> <p>*We are currently hiring for Lifeguards and Swim Instructors*</p> <p>**If interested please email Beth Valentine your resume at beth@saymca.org**</p>						