

# MARCH 2023 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00-6:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	7:00am-6:45pm <b>LAP SWIM</b>
	9:00-9:55am <b>AquaFit1</b> Peggy	9:00-9:55am <b>Aqua Yoga</b> Karen	9:00-9:55am <b>AquaFit1</b> Peggy	9:00-9:55am <b>Aqua Yoga</b> Karen	9:00-9:55am <b>AquaFit1</b> Julie	9:00-1:00pm <b>Swim Lessons</b>
	10:00-10:55am <b>AquaFit2</b> Julie	10:00-10:55am <b>Splashburner</b> Karen	10:00-10:55am <b>AquaFit2</b> Peggy	10:00-10:55am <b>Splashburner</b> Karen	10:00-10:55am <b>Aqua Barre</b> Julie	
	11:15am-12:00 <b>Gentle Aquafit</b> Peggy	11:00-11:55am <b>Aqua Yoga</b> Karen	11:15am-12:00 <b>Gentle AquaFit</b> Carol	11:00-11:55am <b>Aqua Yoga</b> Karen	11:15am-12:00 <b>Gentle AquaFit</b> Carol	1:00-6:45pm <b>Family Swim</b>
1:00-6:45pm <b>Family Swim</b>						
	12:00am-4:45pm <b>Family Swim</b>	12:00am-4:15pm <b>Family Swim</b>	12:00-4:45pm <b>Family Swim</b>	12:00am-4:15pm <b>Family Swim</b>	12:00-5:45pm <b>Family Swim</b>	
	3:30-4:30pm <b>Afterschool Swimming</b>	4:30-7:10pm <b>Swim Lessons</b>	3:30-4:30pm <b>Afterschool Swimming</b>	4:30-7:10pm <b>Swim Lessons</b>	3:30-4:30pm <b>Afterschool Swimming</b>	
	5:00-6:00pm <b>Swim Clinic</b>		5:00-6:00pm <b>Swim Clinic</b>		6:05-7:00pm <b>Splashburner</b> Jenn	
	6:05-7:00pm <b>Splashburner</b> Karen				7:05-8:05pm <b>Special Olympics</b>	
	7:00-8:45pm <b>Family Swim</b>	7:10-8:45pm <b>Family Swim</b>	6:00-8:45pm <b>Family Swim</b>	7:10-8:45pm <b>Family Swim</b>	7:00-8:45pm <b>Family Swim</b>	
	<p>There is NO Family Swim during Swim Clinic</p> <p>Private Swim Lessons may be scheduled during any operational hours</p> <p>*We are currently hiring for Lifeguards and Swim Instructors*</p> <p>**If interested please email Beth Valentine your resume at <a href="mailto:beth@saymca.org">beth@saymca.org</a>**</p>					