



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Certified Personal Trainer

## STAUNTON-AUGUSTA FAMILY YMCA

**Position: Personal Trainer**

The personal trainer provides individualized member services by designing fitness programs for clients. The personal trainer also administers fitness assessments and evaluates current physical condition of clients as requested.

**Job grade:** Part-time

**Pay:** Determined by experience.

**Qualifications:** must be 21 years of age and meet the following qualifications:

- Current certification by ACE, AFAA, or ACSM
- Has comprehensive knowledge of anatomy and physiology

**To apply:** Complete a General Employment Application, available at the SAYMCA front desk or online for download at [saymca.org/job-opportunities/](http://saymca.org/job-opportunities/).

**Contact:** STAUNTON-AUGUSTA FAMILY YMCA Healthy Living Coordinator Krystal Clark via email at [krystal@saymca.org](mailto:krystal@saymca.org). All staff can be reached via phone at 540-885-8089