

SEPTEMBER 2023 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00-6:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	7:00am-6:45pm LAP SWIM
	9:00-9:55am AquaFit1 Peggy No Class (4)	*8:00-8:55am Aqua Yoga Karen	9:00-9:55am AquaFit1 Peggy	*8:00-8:55am Aqua Yoga Karen	9:00-9:55am AquaFit1 Julie	9:00-1:00pm Swim Lessons
	10:00-10:55am AquaFit2 Julie No Class (4)	*9:00-9:55am Splashburner Karen	10:00-10:55am AquaFit2 Peggy	*9:00-9:55am Splashburner Karen	10:00-10:55am AquaFit 2 Julie	
	11:15am-12:00 Gentle Aquafit Peggy No Class (4)	10:00-10:55am Aqua Yoga Karen	11:15am-12:00 Gentle AquaFit Carol	10:00-10:55am Aqua Yoga Karen	11:15am-12:00 Gentle AquaFit Carol	1:00-6:45pm Family Swim
1:00-6:45pm Family Swim						
	12:00am-4:55pm Family Swim	11:00am-4:15pm Family Swim	12:00-5:00pm Family Swim	11:00am-4:15pm Family Swim	12:00-5:45pm Family Swim	
	3:30-4:30pm Afterschool Swimming	4:30-7:00pm Swim Lessons	3:30-4:30pm Afterschool Swimming	4:30-7:00pm Swim Lessons	3:30-4:30pm Afterschool Swimming	
	5:00-6:00pm Swim Clinic		5:15-6:15pm Swim Clinic			
	6:05-7:00pm Splashburner Karen No Class (4)				6:05-7:00 Splashburner Jenn	
	7:10-8:45pm Family Swim	7:10-8:45pm Family Swim	6:30-8:45pm Family Swim	7:10-8:45pm Family Swim	7:10-8:45pm Family Swim	
<p>The YMCA will be closed on Monday, September 4, 2023 in Observance of Labor Day</p> <p>No Family Swim during Swim Clinic</p> <p>Private Swim Lessons may be scheduled during any operational hours</p> <p>*We are currently hiring for Lifeguards and Swim Instructors*</p> <p>**If interested please email Beth Valentine your resume at beth@saymca.org**</p>						