



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TENNIS LESSON GUIDE



WINTER 2024

GROUP YOUTH LESSONS



EARLY HITTERS (Ages 5 - 8)

Will teach the basics of tennis. Must pre-register at the front desk.

January Session:

Tuesdays, January 9 - 30 | 5:30 - 6:30 PM or
Thursdays, January 11 - February 1 | 5:30 - 6:30 PM

February Session:

Tuesdays, February 6 - 27 | 5:30 - 6:30 PM or
Thursdays, February 8 - 29 | 5:30 - 6:30 PM

March Session:

Tuesdays, March 5 - 26 | 5:30 - 6:30 PM or
Thursdays, March 7 - 28 | 5:30 - 6:30 PM

Fees:

\$60 Members per session
\$75 Non-members per session

PRE-TEEN TENNIS (Ages 9 - 13)

Will teach your pre-teen(s) intermediate tennis skills.
Must pre-register at the front desk.

January Session:

Wednesdays, January 10 - 31 | 5:30 - 6:30 PM

February Session:

Wednesdays, February 7 - 28 | 5:30 - 6:30 PM

March Session:

Wednesdays, March 6 - 27 | 5:30 - 6:30 PM

Fees:

\$65 Members per session
\$80 Non-members per session

HIGH SCHOOL TENNIS (Ages 14 - 19)

This will get your high schooler prepared for high school tennis. Must pre-register at the front desk.

January Session:

Wednesdays, January 10 - 31 | 6:30 - 8:00 PM

February Session:

Wednesdays, February 7 - 28 | 6:30 - 8:00 PM

March Session:

Wednesdays, March 6 - 27 | 6:30 - 8:00 PM

Fees:

\$75 Members per session
\$90 Non-members per session

Siblings receive
10% off!

GROUP ADULT LESSONS PRIVATE & SEMI-PRIVATE LESSONS

Women's Intermediate (Ages 18 +)

Will teach the basics of tennis. Must pre-register at the front desk.

January Session:

Thursdays, January 11 - February 1 | 11:00 - 12:00 AM

February Session:

Thursdays, February 8 - 29 | 11:00 - 12:00 AM

March Session:

Thursdays, March 7 - 28 | 11:00 - 12:00 AM

Fees:

\$65 Members per session

\$80 Non-members per session

PRIVATE LESSONS:

1 HR: \$60 Members / \$75 Non-Members

30 MIN: \$35 Members / \$60 Non-Members

SEMI-PRIVATE LESSONS:

Per Person: \$38 Members / \$55 Non-Members

RACKET AND STRINGING REPAIR:

General re-string and re-grip starts at \$25 per racket. If interested, contact Chris at 252-396-1691 or clstambaugh@marybaldwin.edu



MEET OUR TENNIS PRO: CHRIS STAMBAUGH!



Chris Stambaugh is a native of Martinsburg, West Virginia and has been teaching tennis for over 30 years. He is the current men's and women's tennis coach at Mary Baldwin University here in Staunton and has been in that position since 2018. Stambaugh also is the vice president for the Staunton, Waynesboro, and Augusta County Tennis Association (SWAT). Prior to MBU, Stambaugh coached at Chowan University (NC), Tiffin University (OH) and at his alma mater Shepherd University (WV). As a coach, Stambaugh's teams have won a total of 12 conference championships and made one national Sweet Sixteen appearance in 2017. As a player, Stambaugh's team won a conference title as a member of Shepherd in 1988. Chris resides in Staunton with his wife Holly and their two daughters, Samantha and Milena.

