

JULY 2024 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1:00-6:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	7:00am-6:45pm LAP SWIM	
	9:00-9:55am AquaFit1 Peggy	9:00-9:55am Aqua Yoga Karen	9:00-9:55am AquaFit1 Peggy	9:00-9:55am Aqua Yoga Karen No Class (4)	9:00-9:55am AquaFit1 Julie	9:00-1:00pm Swim Lessons	
	10:00-10:55am AquaFit2 Julie	10:00-10:55am Splashburner Karen	10:00-10:55am AquaFit2 Julie Peggy (3)	10:00-10:55am Splashburner Karen No Class (4)	10:00-10:55am AquaFit 2 Julie Karen (5)		
	11:15am-12:00 Gentle Aquafit *No Classes for the month of July!	11:00-11:55am Aqua Yoga Karen *No Class (9)	11:15am-12:00 Gentle Aquafit Carol Peggy (3)	11:00-11:55am Aqua Yoga Karen No Class (4)	11:15am-12:00 Gentle Aquafit Carol TBD (5,12)	1:00-6:45pm Family Swim	
1:00-6:45pm Family Swim	11:00am-6:00pm Family Swim	12:00-4:15pm Family Swim	12:00-6:00pm Family Swim	12:00-4:15pm Family Swim	12:00-6:00pm Family Swim		
		4:30-7:00pm Swim Lessons		4:30-7:00pm Swim Lessons			
	6:05-7:00pm Splashburner Karen		6:05-7:00 Splashburner Karen		6:05-7:00 Splashburner Jenn		
	7:10-8:45pm Family Swim	7:10-8:45pm Family Swim	7:10-8:45pm Family Swim	7:10-8:45pm Family Swim	7:10-8:45pm Family Swim		
<p>*The Y will be closed on Thursday, July 4th, in observance of Independence Day</p> <p>Private Swim Lessons may be scheduled during any operational hours</p> <p>*We are currently hiring for Lifeguards and Swim Instructors*</p> <p>**If interested please email Beth Valentine your resume at beth@saymca.org**</p>							