

AUGUST 2024 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00-6:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	7:00am-6:45pm LAP SWIM
	9:00-9:55am AquaFit1 Peggy No Class (5)	9:00-9:55am Aqua Yoga Karen No Class (6,27)	9:00-9:55am AquaFit1 Peggy No Class (7)	9:00-9:55am Aqua Yoga Karen No Class (8,29)	9:00-9:55am AquaFit1 Julie Karen (16,23) No Class (9,30)	9:00-1:00pm Swim Lessons Lessons will be on August 3 and then resume September 7.
	10:00-10:55am AquaFit2 Julie Peggy (19,26) No Class (5)	10:00-10:55am Splashburner Karen No Class (6,27)	10:00-10:55am AquaFit2 Julie Karen (21) Peggy (28) No Class (7)	10:00-10:55am Splashburner Karen No Class (8,29)	10:00-10:55am AquaFit 2 Julie Karen (16,23) No Class (9,30)	
	11:15am-12:00 Gentle AquaFit *No Classes for the month of August	11:00-11:55am Aqua Yoga Karen No Class (6,27)	11:15am-12:00 Gentle AquaFit Carol No Class (7)	11:00-11:55am Aqua Yoga Karen No Class (8,29)	11:15am-12:00 Gentle AquaFit Carol TBD (30) No Class (9)	1:00-6:45pm Family Swim
1:00-6:45pm Family Swim		12:00-4:15pm Family Swim		12:00-4:15pm Family Swim		
	12:00am-5:55pm Family Swim		12:00-5:55pm Family Swim		12:00-5:55pm Family Swim	
	3:30-4:30pm Afterschool Swimming	4:30-7:00pm Swim Lessons Lessons will resume on September 3	3:30-4:30pm Afterschool Swimming	4:30-7:00pm Swim Lessons Lessons will resume on September 5	3:30-4:30pm Afterschool Swimming	
	6:05-7:00pm Splashburner Karen Jenn (26) No Class (5)		6:05-7:00 Splashburner Karen No class (7,28)		6:05-7:00 Splashburner Jenn No Class (9)	
	7:10-8:45pm Family Swim	7:10-8:45pm Family Swim	6:30-8:45pm Family Swim	7:10-8:45pm Family Swim	7:10-8:45pm Family Swim	
<p>The YMCA Indoor Pool will be closed on Saturday, August 4 and will re-open on Monday, August 12, this includes the hot tub, steam rooms and saunas. We will be closed for our yearly maintenance.</p> <p>Private Swim Lessons may be scheduled during any operational hours</p> <p>*We are currently hiring for Lifeguards and Swim Instructors*</p> <p>**If interested please email Beth Valentine your resume at beth@saymca.org**</p>						