

October Gym Schedule

Please Note: All programs will start and end on time. Schedule is subject to change at any time.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:15am Adult B-ball (FS)	5:30-8:15am Adult B-ball (FS)	5:30-8:15am Adult B-ball (FS)	5:30-8:15am Adult B-ball (FS)	5:30-8:15am Adult B-ball (FS)		1:00-4:30pm Open Gym (Both)
8:30-9:30am Fit 4 Life (FS)	8:30-9:30am Bums & Tums (FS)	8:30-9:30am Fit 4 Life (FS)		8:30-9:30am Fit 4 Life (FS)		
9:45am-1:00pm Pickleball (FS)	9:45am-1:00pm Pickleball (FS)	9:45am-1:00pm Pickleball (FS)	9:45am-1:00pm Pickleball (FS)	9:45am-1:00pm Pickleball (FS)	7:00am-6:45pm Open Gym (Both)	4:45-6:45pm Pickleball (FS)
11:00-12:30pm HSPE (TS)		10:00-11:30am HSPE (TS)				
2:00-3:00pm Neuro Wellness (TS)		2:00-3:00pm Neuro Wellness (TS)				
3:30-6:00pm Afterschool (TS)	3:30-6:00pm Afterschool (TS)	Little Dribblers 4:30-7:00pm (BOTH)	3:30-6:00pm Afterschool (TS)	3:30-6:00pm Afterschool (TS)		

TS= Teen Side
(Left)
FS= Fitness Side
(Right)
BOTH=
(Both Courts)

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IMPORTANT NOTES:

NO PICKLEBALL OCTOBER 12th AND 13th.

If a program is not scheduled at a particular time, it is considered Open Gym.